

APPETIZERS

Guacamole with Poppadom 18
served with poppadom. NF, GF, SF

Heart-Beet Croquettes 15
Beetroot & almond balls, served with a roasted tomato sauce. SF | 5 pcs

Rainbow Summer Rolls 17
Veggies rapped in rice paper, served with Sweet Chilli peanut glaze & peanuts sauce with Coconut milk. GF, SF | 4 pcs

Arepas & Dips 15
Corn, Sweet potato & sesame flatbread. Served with beetroot hummus & avocado puree. GF, SF, NF | 5 pcs

Shanny’s Dumplings (Vegan) 20
Filled with sweet & sour seasonal greens, edamame & mushrooms. NF | 5 pcs.

Shanny’s Dumplings (Prawns) 24
Filled with Juicy prawn with ginger, edamame, and wood ear mushrooms. NF | 5 pcs

TANDOORI BREAD & DIPS

Classic Naan & Dips 12
Soft & fluffy Indian Flatbread made of white flour, served with Coriander-Mint Chutney, Beetroot Hummus and Creamy Coconut Sauce. SF, NF

Aloo Paratha 14
Wheat flatbread stuffed with a delicious spiced Potato Mixture, served with Coriander-Mint Chutney. SF, NF

Peshwari Naan 14
Indian Flat bread stuffed with Coconut, Raisins and Pistachios, served with a Roasted Pineapple Dip. SF



Nurturing Sanctuary

COLDS, RAWS & SALADS

Tomato & Avocado Tartar 19
Freshly made with Sweet Tomatoes & Avocado, served with Poppadom. NF, SF, GF

Baby Pear Carpaccio 21
Marinated pears, served with rocket salad, pomegranate, pumpkin seeds, vegan mayo & almond cheese.GF, SF

Casa Flow Farm Salad 19
Fresh Salad with beetroot & seasonal Ibizan Farm Veggies & Flowers. GF, NF, SF

Peruvian Ceviche 27
Mushrooms, avocado, mango, pumpkin seeds, sweet potato, corn and red onion, in Leche de Tigre with coriander. (Sea Bass optional). SF, GF, NF

WRAPS

Veggies Kati Roll (Indian Street Food) 20
Kebab wrapped in Paratha Bread, filled with wild mushrooms, peppers, avocado, rocket salad & tandoori mayo. SF, NF

Chicken Kati Roll 24
Kebab wrapped in Paratha Bread, filled with grilled chicken, peppers, avocado,, rocket and tandoori mayo. SF, NF

Short ribs angus meat Kati Roll 27
Paratha Bread wrap, filled with **Slow cooked ribs meat**, peppers, avocado, rocket and tandoori mayo. SF, NF

SLOW COOK DISHES

Mushrooms & Celeriac steak Risotto 38
Creamy risotto served with slow cooked celeriac & wild mushrooms, elevated by a touch of black truffle oil. GF

Paccheri Rigati al Ragù 27
Artesanal pasta, with a rich Ragù made of black Lentils, tomatoes, sweet carrots & fresh Chili, topped with almond cheese. SF

Mushrooms - Thai Red Curry 24
Colourful vegetable stew in dreamy creamy coconut sauce with Thai spices, served with aromatic Jasmine rice. GF, NF, SF

Short ribs angus Hereford 46
Angus beef ribs cooked at low temperature for 4 hours, tender and juicy, finished with their own rich cooking glaze, over mashed potatoes. NF

Goa Fish Curry 38
Wild Cod fish served over a silky coconut and tamarind curry, accompanied by aromatic Turmeric Quinoa. GF, SF, NF

ROBATA GRILL & JOSPER

Mushroom Anticuchos 21
Mushroom skewers marinated in teriyaki sauce and served with chimichurri sauce. NF | 4 pcs

Grilled Ibizan Asparagus 17
Local Asparagus served with Vegan Citrus Hollandaise sauce GF, SF, NF

Grilled Baby Broccoli 17
Baby Broccoli served with tandoori mayo, tahini and spiced peanuts. GF, SF

Black Angus Picanha Steak 43
Argentinian Grass-fed cattle beef, grilled in wood charcoal oven, served with chimichurri sauce. **GF, NF, SF**

Tandoori baby chicken 34
Chicken marinated in a blend of spices and yogurt, grilled and smoky, served with Kachumber salad, Cucumber Raita and Coriander-mint Chutney. **GF, NF, SF**

Prawns Tikka Masala 38
Delicately marinated prawns, set over a rich, slow-cooked onion & tomato masala, accompanied by aromatic Jasmine Rice. GF, SF, NF

SIDES

Mashed potatoes | Baby spinach | Jasmine rice | Turmeric Quinoa | Casa Flow Farm Salad | Ibizan potatoes with truffle and rosemary salt | Naan Bread 7

Asian & South American flavors - in flow with nature

At Casa Flow, food is more than nourishment - it is an experience that engages with your senses. Our mission is to craft dishes that nourish the body and uplift the spirit.

With Love from Casa Flow

GF = gluten-free | SF = Soy-free | NF = Nut-free